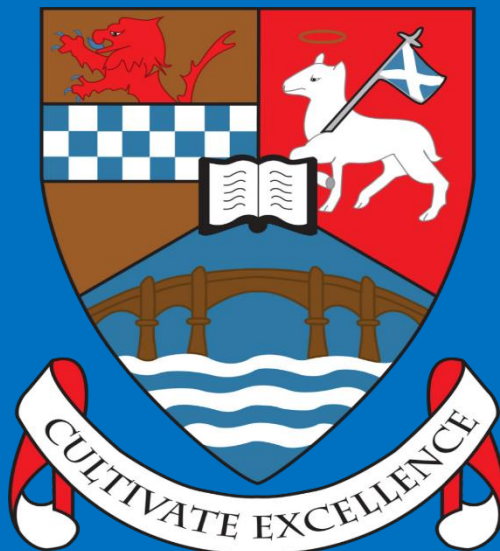


KYLE ACADEMY

P7 TRANSITION

2022





WELCOME TO OUR SCHOOL

It may seem a long way off now but P7 will soon end and you'll begin thinking about the big move from primary to secondary school. Changing school should be exciting but you might also feel a bit nervous. It will involve a lot of changes and new experiences for you!

This is your [Transition Workbook](#). You can use it at home to prepare for coming to Kyle in August. It will hopefully explain a lot about secondary school and answer some of your questions, as well as help to prepare you for all the changes ahead!

We hope that you will enjoy all the different activities in the book with some additional support and advice online. Complete the sections at your own pace in any order you wish.



MY NEW SCHOOL



The name of my new school is: **Kyle Academy**

The address is: **Overmills Road
Ayr
KA7 3LR**

The telephone number is: **01292 612338**

The name of the head teacher is: **Miss Mary Byrne**

School starts at: **8:45am** every day

School finishes at: **3:40pm** (Mon/Tues) and **2:50pm** (Wed-Fri)

I will travel by: (car/bus/walking/bike/train)

I will need to leave my house at:

The first day of S1 is (date):

My registration class will be:

My guidance teacher will be:

My senior buddy will be:

My year head will be:

FIND OUT MORE



What else would you like to find out about your new school before you start? Think of a few questions you would like to know the answer to. When you find out the answer add it below.

1.

Answer:

2.

Answer:

3.

Answer:

NAMES AND FACES

Senior Leadership Team (SLT)



Miss M Byrne
Head Teacher



Mr J Little
Pupil Support DHT



Mr L Gardner
Learning & Teaching DHT



Mrs L Harper
Curriculum DHT

GUIDANCE TEAM



Mrs D Dorrans
BELLEISLE



Mrs K Mahaffy
CRAIGIE



Mrs S Boal
ROZELLE



Mrs A Fergusson
WALLACE



This is our Guidance Team. They are each attached to one of our four house groups – **Belleisle**, **Craigie**, **Rozelle** and **Wallace**. They will support you in a variety of ways during your time at Kyle Academy. When class groupings are decided you will be able to identify your Guidance Teacher and add their name to your school profile on previous pages. In school you can find them on the first floor of our main building.



PUPIL SUPPORT TEAM



Mrs V Sutherland
PT Pupil Support



Miss M Cooke
Wellbeing Officer

PUPIL SUPPORT STAFF

Teachers

Miss N Baillie
Mrs K Blair
Mrs O Fretwell
Miss R Hackney
Mrs J Murray
Miss C Rolph
Mrs M Shankland
Mrs C Urwin

School Assistants

Mrs J Burnett
Mrs A Cameron
Mrs Y Campbell
Mrs L Griffiths
Miss S Healey
Miss G Hiddleston
Mrs J Hitchcock
Ms M Jefferson
Mrs P Manderson
Mrs J McCulloch
Miss L Taylor
Mrs M Turnbull
Mrs D Wagstaff
Mrs N Wilcox



Mr J Little
DHT/Pupil Support Coordinator



Mrs L Harper
DHT/S1 Year Head

MY FEELINGS ABOUT SECONDARY SCHOOL



Answering the following questions honestly will help you reflect on how you are feeling right now and highlight the need for any support from staff, family or friends with the transition.



1. What do you imagine secondary school will be like?

2. When you think about moving to secondary school what feelings or physical sensations do you experience?

3. What are you looking forward to most about Kyle?

4. What are you looking forward to the least? Try to explain...

5. What is your biggest fear about secondary school?

6. What could you do to work on this?

7. If you have spoken to someone who attends your new school already, what have they told you about it?

- 8. How do you imagine you will be feeling on your first day of secondary school?**

- 9. What strategies might you use to deal with feeling nervous or worried as you start secondary school?**

- 10. Name at least one person you would be able to talk to about any concerns you have about starting secondary school?**

Surviving Secondary School

Top Tips!

Be Prepared

Look at your timetable and make sure you know where to go and when.

Be Organised

Make sure you have the right books and equipment with you for each lesson.

Be Enthusiastic

Teachers won't expect you to get every answer right, but they will be impressed if you try your best and 'have a go' at learning new things.

Be Resilient

Sometimes things won't go your way. This is normal and happens to everyone, so don't worry.
Just say to yourself,
'tomorrow's another day!'

Be Brave

It might seem hard to make new friends, but everyone is feeling the same way. Say hello!

Be Kind

If someone else seems to be having a hard time, try to help.
This is a good way to make friends and hopefully they will return the favour.

Be Yourself

Believe in yourself!
You can do it!

Be Honest

If you do something wrong or forget something, it's much better to own up straight away.



FINDING YOUR WAY AROUND...

Most Primary 7 pupils feel a little nervous about going to a school which is so much bigger than their primary school. They might feel worried about getting lost, or being late for a lesson because they're not sure of where to go.

Most of you will now have visited the school at least once for a tour or a meeting with your parents and some of you may have visited the school for a sibling's parents' evening, concert or sports event.

It is inevitable that you will have difficulty finding where you need to be at least once...it happens to the staff too! For the first week or so senior pupils will be on hand to escort you from class to class.

Top tips from previous S1 are:



- Remember where the office is so you can make your way back there if you get lost.
- Stick with class mates who are heading to the same next class.
- If all else fails ask for help...we really are friendly you know!

Ground Floor

Design & Technology
Music
Pupil Support
PE
Science
Library
Learning Room
ICT Suite

First Floor

English
Computing
RMPS
Guidance Base
School Counsellor
Social Subjects
6th year Study Hub

Second Floor

Maths
Business Studies
Home Economics
Art & Design



YOUR TIMETABLE



One of the first pieces of information you will be given in August will be your **timetable**. It's very important because it not only tells you which lessons you will have that day but it also gives you a clue about the equipment you will need to pack in your bag the night before. It also tells you what time each lesson starts and finishes and in which room they will take place. If you haven't got a watch yet, it might be a good idea to buy one to practise telling the time and getting to places on time.

Usually the timetable will also let you know which teacher you will have for each subject. Instead of just one teacher, you're going to have to get used to ten or more different people being in charge of your class each week!



You will have 6 or 7 different subjects every day depending which day it is and some will be in special rooms. For example science will usually take place in a science lab and P.E lessons may take place in the P.E block or outside on the playing fields.



On the next few pages you will find a timetable of the school day, an example S1 timetable and an activity to complete which will help you to familiarise yourself with the school week.



Example S1 Timetable

	REG	1	2	3	4	5	6	7
Monday	Registration School Miss Logan COM2	Music CfE Miss Lawson MUS2	Music CfE Miss Lawson MUS2	Mathematics CfE Mrs Dick MTH5	English CfE Mrs Stewart ENG4	Art CfE Mrs Fergusson ART1	Art CfE Mrs Fergusson ART1	General Learning Support School Mrs Sutherland PS1
Tuesday	Registration School Miss Logan COM2	English CfE Mrs Stewart ENG4	Mathematics CfE Mrs Dick MTH5	PSE CfE Mrs Boal	Business Management CfE Mr Kinnon 0000-1	Science CfE Mrs Mahaffy SCI1	Home Economics CfE Mrs Blackadder PE HUT	Technological Studies CfE Mrs Hunter PMW1
	REG	1	2	3	4	5	6	
Wednesday	Registration School Miss Logan COM2	Physical Education CfE Mr Bormer PE GH	Home Economics CfE Mrs Morrison HFT2	English CfE Mrs Stewart ENG4	Mathematics CfE Mrs Dick MTH5	Science CfE Mrs Mahaffy SCI1	Science CfE Mrs Mahaffy SCI1	
Thursday	Registration School Miss Logan COM2	Religious Studies CfE Mrs Semple SST7	Social Subjects CfE Mrs Andersson SST1	Technological Studies CfE Mrs Queen D&T1	Computing CfE Mrs Nicol BST1	English CfE Mrs Stewart ENG4	Mathematics CfE Mrs Dick MTH5	
Friday	Registration School Miss Logan COM2	Physical Education CfE Mr Bormer PE GH	Social Subjects CfE Mrs Andersson SST1	Social Subjects CfE Mrs Andersson SST1	General Learning Support School Mrs Sutherland PS1	English CfE Mrs Stewart ENG4	Mathematics CfE Mrs Dick MTH5	

TIMETABLE PRACTICE!



Study the timetable of the school day and the S1 timetable from one of this year's Kyle Academy pupils to see if you can answer these questions:

1. When do they have break and lunchtime? (remember some days are different)

2. How long does each lesson last for?

3. Which room/rooms do they have English in?

4. Which of the subjects are you most looking forward to?

5. How often do they have art and when are the lessons?

GETTING ORGANISED



In primary school, most of the equipment you need is kept in the classroom. But at secondary school, you will be expected to have your own pencils and pens and you will have to carry them all around with you. There are lots of other things you might need too such as specific ingredients for Home Economics and your sports kit for Physical Education.

Each evening you will need to check your timetable for the following day to make sure you have packed everything you need in your bag.

Period 1	Period 2	Period 3	Period 4	Period 5	_____	Period 6	Period 7
Maths	Science	Music	HE	PE	Lunch	Geography	English

Write below what you might have to bring in your school bag for this day:

Period 1	Period 2	Period 3	Period 4		Period 5	Period 6
French	History	Art	RMPS	Lunch	Computing	History

Write below what you might have to bring in your school bag for this day:



HOME LEARNING

Home learning...not everyone's cup of tea but it's just one of those things that you have to do and the more organised you are, the less amount of time you'll have to spend doing it.

In S1 you may start to get a wider variety of home learning than you have been used to. Teachers will be stricter about getting it done and handed in on time too. You will also need to learn to manage your time to ensure tasks are completed for the right subjects on the right days.



At Kyle Academy we use 'Microsoft Teams' which will help you do this! If you haven't already done this in primary school, you can download the app to your mobile phones/computer to keep track of tasks set by each subject teacher, what you have to do and when it has to be finished.

Why is home learning important?

Home learning is really important because it shows the teacher whether you've understood the work or not. It also means that you can cover more work than the time allowed by a lesson in school and your parents can find out more about what you are learning.

Questions to ask....



You need to make sure that you really understand all the rules about home learning. On the next page there are some questions you could ask some staff or pupils at your new school. You can add a few more of your own if you like.





1. How long will I be expected to spend on homework each night?

2. How will I know what to do?

3. How long will I have to complete it?

4. What should I do if I get confused when I'm trying to complete a task at home?

5. What will happen if I forget to do it or forget to bring it in?

6. What should I do if I find the homework is too difficult



SCHOOL VALUES

In Kyle Academy we are all learners. In our learning community each of us has the determination and resilience to embrace the challenges learning brings, and take responsibility for our own learning and development - today and throughout our lives.

Kyle Academy School Values

Are you on the Kyle Radar?

Responsibility
Achievement
Diversity
Ambition
Respect

Our learning

Our future

Our responsibility



KYLE ACADEMY CODE of CONDUCT

This is our school. These are our rules:



Arrive on time
& prepare for learning



Remove all outdoor clothing

No food or drink
(except water)



Follow instructions

Do not disrupt learning & teaching



No unauthorised use
of mobile phones

Toilets breaks should be taken
at interval & lunchtime



Cultivating Excellence

RUMOURS

Most people in your class will probably want to talk about going to secondary school because it's a big step for you all. It's good to talk about all the exciting things ahead of you and it's also good to tell each other about the things you're a bit worried about.

Sometimes though pupils can scare each other unnecessarily because they have listened to rumours about what the school is like.



Look up the word 'rumour' in the dictionary and write the definition here:

Very often rumours are exaggerated stories. For example, a story that there are gangs of older students taking money from new S1 pupils could be an exaggeration of a one off incident where an S4 boy ran off with £1 when an S1 girl dropped it.

Rumours may have an element of truth in them but usually they contain a lot of things which aren't true. It's best to listen to the facts that members of staff tell you rather than the rumours pupils from the school might tell you.

Write down some of the rumours you have heard:

**Think about how realistic these rumours are and
try to put them out of your head!**



MEETING NEW PEOPLE

How many people are in your P7 class?

How many years have you known them?

How many adults are there in the room?

Most children in your class will feel comfortable and happy because they know everyone very well and feel like they belong. Just having one teacher can make you feel safe too.



Going to secondary school can be different because you won't know everyone and it may take a bit of time to feel like you 'belong' in your new registration class.

The important thing to remember is that **EVERYONE will feel the same way and that you're not alone. It's actually a good opportunity to make new friends and learn from adults who have specialised in their particular subject.**



Have a think about any staff/pupils you already know at Kyle:

Now think about P7 pupils you know from other schools in the cluster you have met through clubs or activities:

Is there anyone in particular you're really looking forward to meeting?



MAKING FRIENDS

Everyone has strengths and weaknesses. Some pupils find it really easy to get to the top level on a computer game whilst others never get past Level 1. Some pupils have no problems drawing amazing life-like pictures whilst others find it difficult to draw a good stick-man.

It's the same with making friends. Some pupils love meeting new people, are very chatty and make lots of friends easily. Others don't know how to begin to make even one new friend.



Top tips for making friends!



- **Smile**
- **Ask polite questions**
- **Join new clubs**
- **Try new things**
- **Accept that we are all different**
- **Treat people as you would like to be treated**
- **Shared interests – find out what you have in common**
- **Be a good listener and show interest in what people say**
- **Avoid gossiping and making jokes at the expense of others**

Think of three interesting things you could say about yourself:



TIME CAPSULE LETTER



Write a letter to yourself which you can read again when you finish secondary school. Explain the hopes and dreams you have for yourself as well as what you wish to achieve by the time you finish secondary school...

Date: _____

Dear future me,

I am writing this letter while still in primary school and about to start Kyle Academy! It is difficult to believe that I am now almost finished primary school and about to move on to the next exciting step in my life!





We can't
wait to see
you!

Stay safe and stay in touch...