

**Programmes of work for S1-2**

Dates	S1 Boys	S1 Girls	S2 Boys	S2 Girls
August 19 <sup>th</sup> - September 7 <sup>th</sup> (3 weeks)	Fitness	Fitness	Fitness	Fitness
7 <sup>th</sup> September- 19 <sup>th</sup> October (5 weeks)	Rugby	Netball	Badminton	Hockey
19 <sup>th</sup> October- November 23 <sup>rd</sup> (5 weeks)	Basketball	Gymnastics	Football	Volleyball
23 <sup>rd</sup> November- 14 <sup>th</sup> December (4 weeks)	Social Dance	Social Dance	Social Dance	Social Dance
7 <sup>th</sup> January - 17 <sup>th</sup> February (6 weeks)	Table Tennis	Badminton	Basketball	Gymnastics
17 <sup>th</sup> February - 18 <sup>th</sup> April (6 weeks)	Volleyball	Dance	Gymnastics	Basketball
18 <sup>th</sup> April - 23 <sup>rd</sup> May (5 weeks)	Athletics	Athletics	Athletics	Athletics
23 <sup>rd</sup> May- 20 <sup>th</sup> June (5 weeks)	Softball / Cricket	Rounder's / Cycling	Softball / Cycling	Rounder's / Cycling