How Memory Works

Working Memory

Part of the brain where thinking takes place

Limited Space, learning is easily forgotten

Long-term Memory

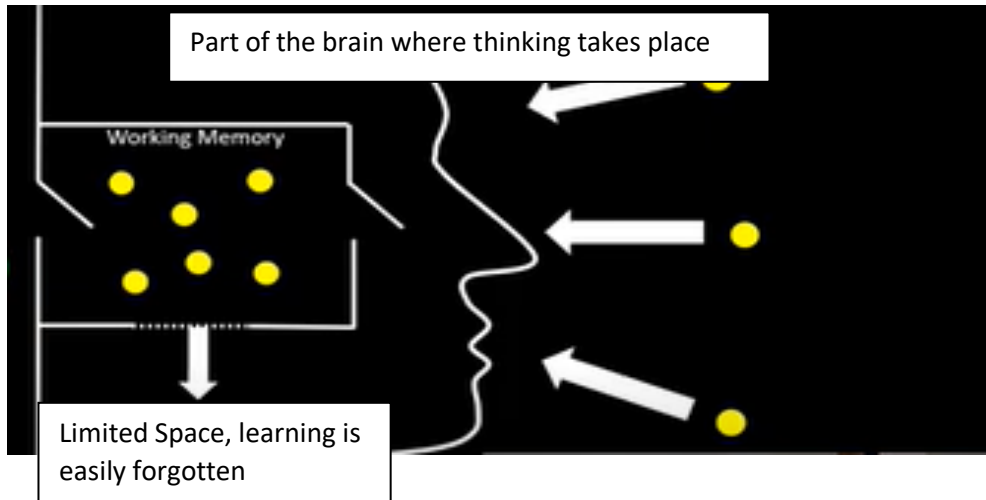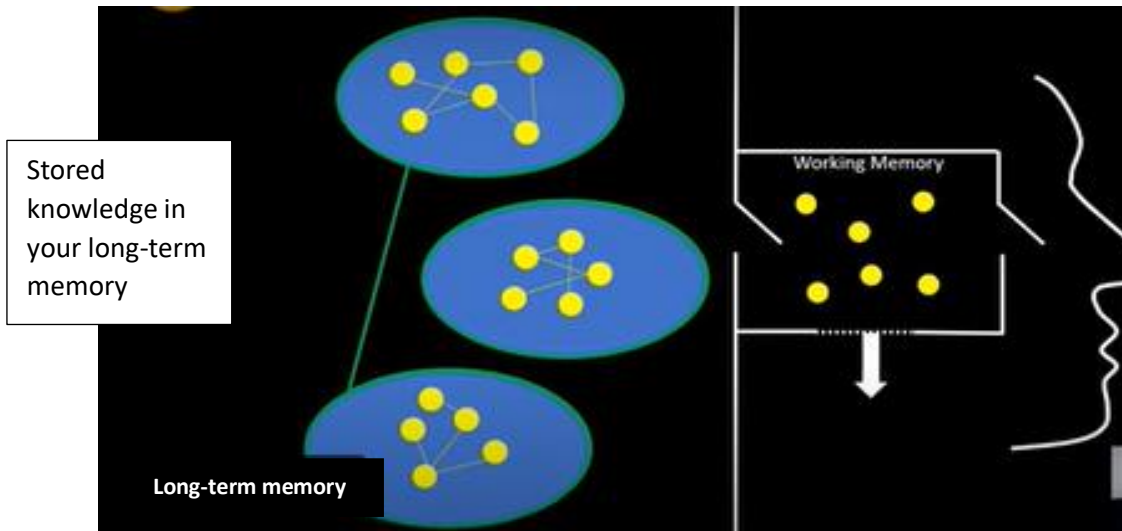Stored knowledge in your long-term memory

Long-term memory

We learn or remember something when new information (in working memory) is transferred to stored information (in long-term memory

As more knowledge is stored, you make connections and it becomes easier to learn.

Long-term memory